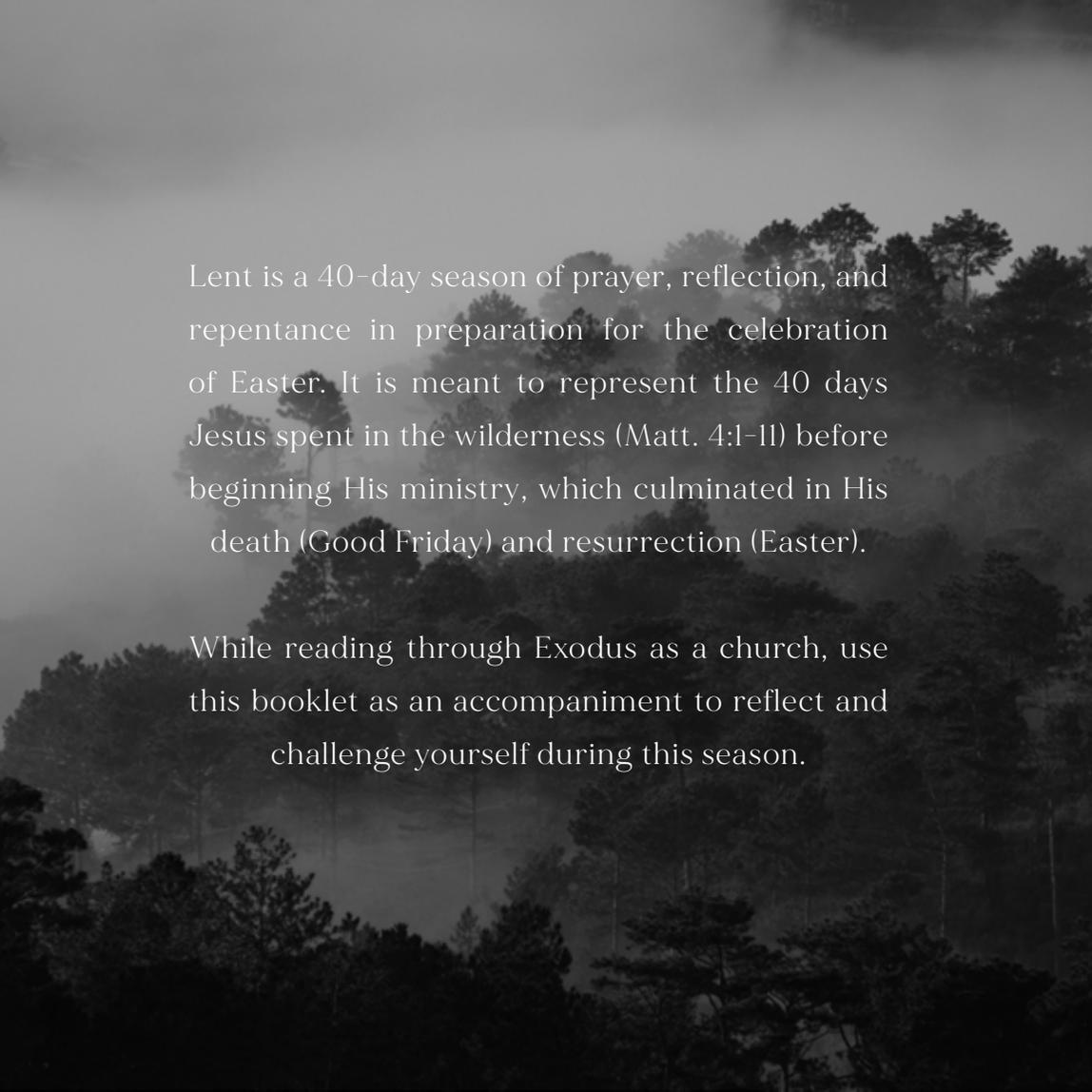


LENT

2020 DAILY GUIDE





Lent is a 40-day season of prayer, reflection, and repentance in preparation for the celebration of Easter. It is meant to represent the 40 days Jesus spent in the wilderness (Matt. 4:1-11) before beginning His ministry, which culminated in His death (Good Friday) and resurrection (Easter).

While reading through Exodus as a church, use this booklet as an accompaniment to reflect and challenge yourself during this season.

FEBRUARY 26

Pray for God to lead you during this Lenten season. Ask God to reveal what you need to learn about Him, and consider what it would mean for you to fast from something these next 40 days.

FEBRUARY 27

What distracts you from being Christ-centered? How can you avoid or lessen those distractions this week?

FEBRUARY 28

Remind yourself that God *hears* and *sees* us fully. He hears the prayers and the cries that we bring to Him. Thank Him for His faithfulness in answering us, even when we don't see it immediately.

FEBRUARY 29

Worship music can be a powerful way to prepare yourself for your day. Use your phone camera to scan the QR code here to access our Lent worship playlist at wehaveonehope.com/lent-spotify



MARCH 1

Mindfully take communion at church today. Reflect afresh on Christ's death on your behalf and His forgiveness of all your sins.

MARCH 2

As you start your week, identify a friend or co-worker you could invite to Easter services. Pray for this opportunity to reach out to them.

MARCH 3

Try replacing your complaints that come to mind throughout the week with praise instead. Be mindful of the words you speak; strive to speak life into the situations you find yourself in, even when it might be difficult.

MARCH 4

Remember that Moses felt ill-equipped to do the things God was calling him to do - and that in our weaknesses, God is glorified. How do you need to learn this truth, in a deep and practical way, at this time in your life?

MARCH 5

Plan to eat out less during this time of Lent. Donate the money you save to buy food for families in need.

MARCH 6

Take time today to write down some of the things that leave you feeling heavy. Bring them to God in prayer, that He would heal these hurts.

MARCH 7

Read Proverb 7 and remember that God will give wisdom to those who ask for it.

MARCH 8

What uncertainties are you currently experiencing in your life? What do these reveal about where you have put your hope? Take a moment to bring those to the Lord in prayer.

MARCH 9

Plan to wake up earlier than usual tomorrow. Use the time to read and pray through Psalm 58.

MARCH 10

Read Psalm 58. What can we learn about God from this passage?

MARCH 11

Look for someone in your life to serve this week.

MARCH 12

Read Psalm 60 today. How can you identify with the cries for deliverance of David? Rejoice that God does speak to us in times of trouble with His holiness.

MARCH 13

Reflect on people in your life that you've withheld forgiveness from. Pray that Jesus would help you move towards healing those relationships.

MARCH 14

What idols do you often find you run to for fulfillment? Success? Approval of others? Wealth? Perfection? How does the Gospel speak to these lesser things?

MARCH 15

Take notice of those who serve each week at church and thank them for their commitment.

MARCH 16

Practice the act of fasting through a mealtime today. Focus your thoughts on how God provides for us spiritually.

MARCH 17

When God *remembers* His people, it means He is about to deliver on a promise. Note throughout Exodus how often the Lord provides for His people with His promises.

“Who is like You, majestic in holiness, awesome in praises, working wonders? ... In Your lovingkindness You have led the people whom You have redeemed; in Your strength You have guided them to Your holy habitation.”

EXODUS 15:11-13



MARCH 18

Where in your life do you need to see God's power at work, rather than your own? Pray about this today, ask God to reveal it to you.

MARCH 19

Bless someone today with a secret act of kindness or generosity.

MARCH 20

Fast again today (at least one meal) and ask God to nourish you with His words, His presence, and His will.

MARCH 21

Write down one or two areas of your life in which you are waiting for the Lord. Take a moment to pray over those things and remind yourself that God is good and will not forsake you.

MARCH 22

Offer to make a meal or provide in a tangible way for someone dealing with physical illness, loss, or birth of a new child.

MARCH 23

Where do you need God to bring healing and restoration in your life? Pray earnestly for that healing to happen and be honest about what you might need to change.

MARCH 24

Do not grow weary during this season of fasting. Meditate on 1 Cor. 15:58, *"Therefore, my beloved brethren, be steadfast, immovable, always abounding in the work of the Lord, knowing that your toil is not in vain in the Lord."*

MARCH 25

Pray for the salvation of family and friends that don't yet have a relationship with God. Pray that God would meet them where they are and show them His kindness and mercy.

MARCH 26

Read Psalm 74 today. Rejoice that even in our struggles, God is the one who works deliverance in the midst of the earth.

MARCH 27

Do something kind for someone in your life that you don't always agree with.

MARCH 28

Pray for continued endurance through this season of fasting and ask God to continue to reveal to you things that couldn't be learned without it.

MARCH 29

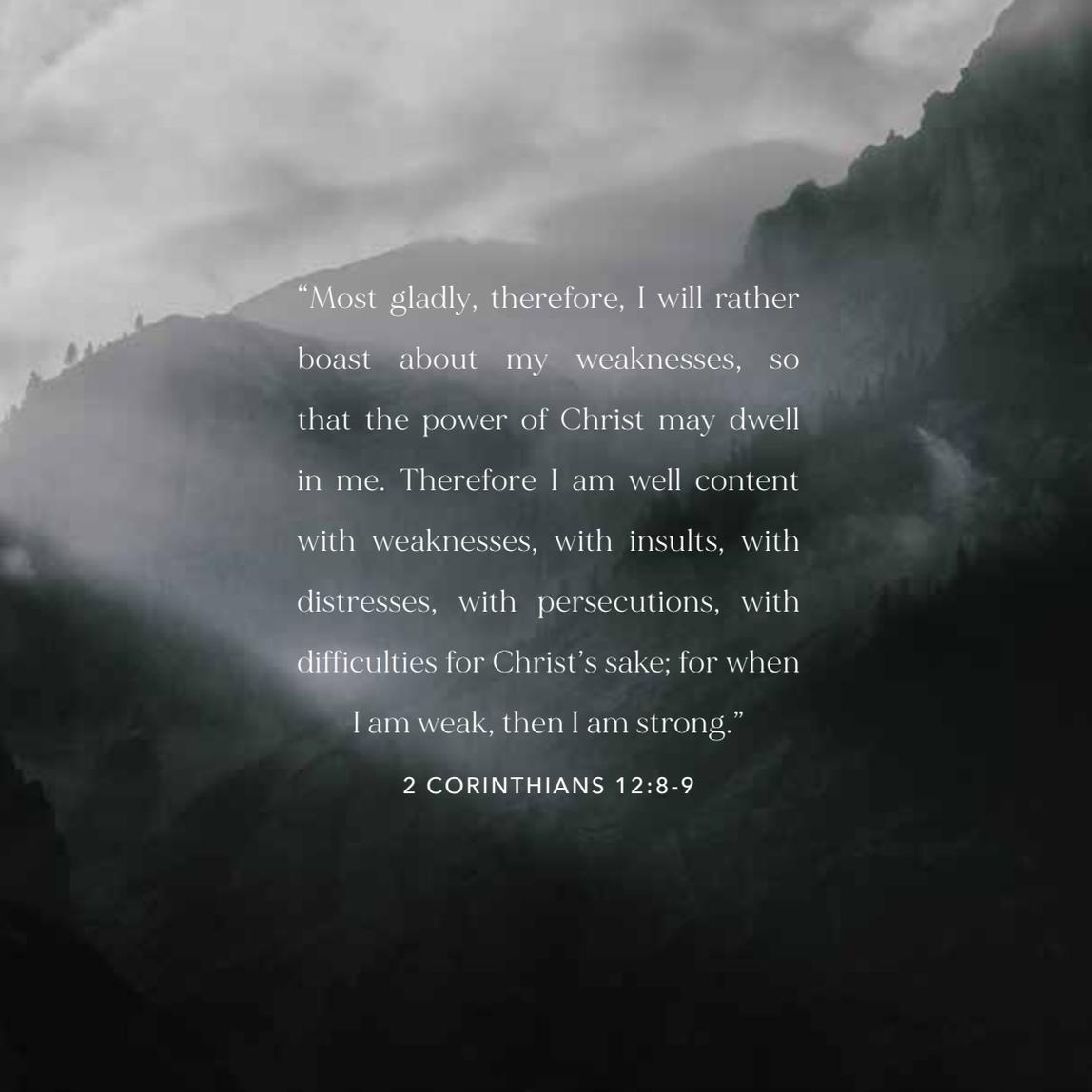
Plan to join the group meeting for prayer before our Sunday gathering this morning at 9:30am.

MARCH 30

Look for an opportunity today to share what you're learning during this time of study through Exodus with a friend or family member.

MARCH 31

Ask for God to reveal to you any sins of idolatry in your heart. What are you functionally worshiping and serving in place of God?



“Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me. Therefore I am well content with weaknesses, with insults, with distresses, with persecutions, with difficulties for Christ’s sake; for when I am weak, then I am strong.”

2 CORINTHIANS 12:8-9



Let me learn by paradox that the way
down is the way up, that to be low is to
be high, that the broken heart is the
healed heart, that the contrite spirit is the
rejoicing spirit, that the repenting soul is
the victorious soul, that to have nothing is
to possess all, that to bear the cross is to
wear the crown, that to give is to receive,
that the valley is the place of vision.

THE VALLEY OF VISION

APRIL 1

Pray that this week God would deepen your affection for Him and that He would put to death any affection that competes with wholehearted adoration of Him.

APRIL 2

While reading Psalm 81 today, thank God for His goodness in how He always protects and satisfies us.

APRIL 3

Thank God for His forgiveness of our wandering hearts. Spend time today examining how you can tune your heart to lean more constantly on Him.

APRIL 4

Try skipping a meal or two today - remembering that God promises to feed us spiritually. Ask Him how this promise can become real for you.

APRIL 5

Celebrate the beginning of Holy Week, remembering today is Palm Sunday. Read the story of Jesus' entry into Jerusalem in Luke 19:28-40.

APRIL 6

Read Psalm 85 this morning. Pray that you would see God's kindness in a new way today.

APRIL 7

Pray that this week the Lord would help you see others around you as He sees them. Let your heart be softened by grace for others that you don't normally see eye-to-eye with.

APRIL 8

Pray that this study of Lent would continue to change you after it's over. Live a life changed by the reality of Jesus' resurrection; remind yourself of the truths of Jesus' life after Easter is over.

APRIL 9

Read Psalm 88 this morning. Thank God that even in our darkest moments, His promises are still true and powerful. He will give us hope to sustain us.

APRIL 10

Attend our Good Friday Experience tonight; reflect on the sacrifice of Christ, and the implications of how we should live our lives in light of this sacrifice.

APRIL 11

Thank God for the promise of Easter Sunday. Remember that there is the hope of His resurrection, even after the darkness of Good Friday. He will redeem the broken parts of life.

APRIL 12

Praise God for the reality of His resurrection and life! Share with those around you the goodness of this truth - happy Easter!